

2009 Wichita Mid-Continent Invitational



BASIC SKILLS

June 14, 2009

Hosted by the

Wichita Figure Skating Club

www.wichitafsc.org



To be held at:

**Wichita Ice Center
505 West Maple
Wichita, KS 67213**

Chief Referee: Lori Osborne
Technical Controller: Hal Marron

Chief Accountant: Jack Vest
Technical Specialist: Tiffany Chin

Sanctioned by:



Deadline: April 29th, 2009

To download copies of the announcement and enter online: www.wichitafsc.org

For more information:
e-mail competition@wichitafsc.org

2009 WICHITA MID-CONTINENT INVITATIONAL

COMPETE WITH U.S.

Basic Skills Figure Skating Competition

Sunday, June 14th, 2009

ENTRY DEADLINE: April 29th, 2009

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|-------------|-----------------------|------------------------------------|
| ENTRY FEES: | First event | \$40 (includes 1 practice session) |
| | Each additional event | \$20 |

RULES and ELIGIBILITY: The competition is open to ALL skaters who are currently eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. ALL SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

For the Free skate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level.) Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

INFORMATION: We are offering online entry and payment this year. Tentative schedules and a practice ice schedule will be sent via e-mail, if provided, or mailed as soon as they become available. Make sure **TO PROVIDE YOUR E-MAIL ADDRESS** or **ENCLOSE A SELF-ADDRESSED STAMPED ENVELOPE WITH YOUR ENTRY FORM**. If you have further questions regarding entries or events, e-mail competition@wichitafsc.org or telephone (316) 361-0540 before 9:00 p.m. CDT. If you get an answering machine, record your question and you will receive a return call. **PLEASE DO NOT CALL THE RINK**

ENTRIES: Entries must be postmarked or received online by April 29th, 2009. Postage meter cancellation is not acceptable as proof of mailing date. A check, money order, or online payment must accompany your entry form. Late entries and changes to entries will be accepted only with the permission of the Local Organizing Committee (LOC) and then must be accompanied by a \$25 fee. There will be a \$25 charge for checks returned due to insufficient funds. There will be no refunds after April 29th, 2009, unless 1) no competition exists in the event(s) entered, or 2) there is a death in the immediate family. The LOC reserves the right to limit entries due to time constraints.

REGISTRATION: Beginning Friday, June 12th, a registration desk will be maintained on the upper level of the rink opening one hour before the first practice session. Further registration hours will be announced after the final schedule is posted.

NOTICES AND ANNOUNCEMENTS: A bulletin board will be located in the registration area. It is the responsibility of the skater, parent and coach to check this board upon arrival and periodically during the competition for changes of schedule or other important information.

HOSPITALITY: Spectators are welcome and there is no admission charge. Volunteers will be on hand at the registration desk to give you brochures, directions and answer any questions about places of interest, many of which are very close to the rink.

WICHITA ICE CENTER FACILITY: There are two ice surfaces. The "Olympic" rink is 100'x200' with 1000 fixed stadium seats and the "NHL" rink is 85'x200' with bleacher seating. The rinks can be quite cold, so it is advisable to bring warm sweaters and coats. There is a snack bar on the lower level and a restaurant overlooking the rinks on the upper level. A pro shop is located just off the lobby and a full service shop is available for skate sharpening and repair. Ample parking may be found adjacent to the rink and across the street by the baseball park.

DIRECTIONS: The rink is located on the west bank of the Arkansas River, across from the central business district. Coming from the west on Kellogg (Hwy. 54), take the Seneca exit and follow the signs that direct you to Sycamore: then turn left (north), under the highway, to the rink. Coming from the east, take the Central Business exit, go straight ahead on the access road for four blocks, turn right (north) on Main, go one block, and then turn left (west) on Lewis, and drive straight ahead across the bridge.

MUSIC: Competitors in Free Skating, Short Program and Artistic events must furnish their own music on standard or mini sized CD. Cassettes will **NOT** be accepted. ALL MUSIC MUST BE TURNED IN AT THE TIME OF REGISTRATION AND WILL NOT BE RETURNED UNTIL AFTER THE EVENT IS COMPLETED. Each CD must have only ONE (1) track on it. Any disc with more than one (1) track will **NOT** be accepted! Each CD should be clearly marked with the skater's name(s), event and exact running time. Lead in time (time before the music begins) on the CD may not exceed two (2) seconds. Each CD must be in a standard or slim hard sided "jewel case" or CD sleeve, also labeled with the skater's name and event. Jewel cases and CDs that are not properly identified will NOT be accepted. Bring at least two copies: one to turn in immediately upon registration and one for practice. A second CD should be readily available at the time of the event in case there is a problem with the original. The best possible care will be taken, however the Wichita FSC cannot assume liability for damage and will not be responsible for mailing any music that is not picked up before the end of the competition. Music will be provided for Dance events.

PHOTOGRAPHY AND VIDEO: LOCAL MOTION PRODUCTIONS will again be official photographers and videographers. Orders may be placed in the photography area on the second level. Home video cameras may be used in the arenas, but only with their own power source. Personal cameras will be permitted, but please, **NO FLASH PHOTOGRAPHY** at any time during practice or competition.

AWARDS: Medals especially designed for this competition will be awarded to the first three places and ribbons for the next three places. If final rounds are held, trophies will be presented to the first three places. Awards will be presented in the photography area immediately following each event. It is required that costumes and skates be worn for the presentation and photos.

PRACTICE ICE: One practice session is included with the first event fee. Practice ice is scheduled to begin 1 hour before the competition starts on Sunday. **The deadline is April 29th, 2009.** If available, additional sessions may be purchased at the time of registration. This will be on a first-come-first-served basis. See the website for more details regarding the availability of additional basic skills practice. **PRACTICE ICE IS NON-REFUNDABLE.**

SCHEDULE: A tentative schedule will be posted on the website as soon as it is available. We anticipate posting a confirmed schedule on or before May 30th, and individual confirmations will be e-mailed / mailed as soon as possible thereafter. The LOC does not assume responsibility for changes in travel plans that may result from schedule changes.

WITHDRAWALS: Any skater who does not appear for his/her first scheduled event will be withdrawn from all subsequent events unless that skater makes arrangements to withdraw with the Competition Chair.

REFUNDS: There will be no refunds after April 29th, 2009, unless 1) no competition exists in the event(s) entered, or 2) there is a death in the immediate family.

LIABILITY: Competitors, Parents, Coaches and Officials should read Part Two, rule #3222 of the 2009 Official U.S. Figure Skating Rulebook carefully. U.S. Figure Skating, the Wichita Figure Skating Club, Officials of the Wichita Figure Skating Club, Competition Officials and Wichita Ice Center at 505 West Maple in Wichita, KS shall be held harmless from any loss, damage and/or injury that may be sustained by anyone in any manner while participating in any activities of this competition. Your signature on the entry form indicates your acceptance of this stipulation.

HOTELS: The official hotel is the Holiday Inn Hotel & Suites – Downtown Convention Center. Reservations can be guaranteed with a credit card. Mention Wichita Mid-Continent Figure Skating Competition to receive the special rate.

Holiday Inn Hotel & Suites – Downtown Convention Center (just 5 blocks from the ice rink) The Holiday Inn Hotel & Suites is our host hotel this year and wishes to welcome the skaters and their families. Features: Room includes a continental breakfast, kids eat free 12 and under for dinner at the restaurant, high speed internet, outdoor pool, spa, whirlpool and fitness center.

Rate: \$89.00 per night for double room

Reservations: Reserve room by May 12th, 2009

Phone: 316-269-2090 Address: 221 E. Kellogg

Wichita, KS 67211

ELEMENTS PROGRAM

Snowplow Sam and Basic 1-8

To be skated on ½ or 1/3 ice.

No music.

Boys and girls may be combined in events.

Time: must not exceed 1:00 minute.

Additional elements will be penalized.

All elements must be skated in the order listed.

Each skater will have the option to perform one element at a time in one of the following ways:

a. In the order listed below (no excessive connecting steps) OR

b. Will perform each element when directed by judge or referee.

Required Elements:

Snowplow Sam (Tots):

- 1 March followed by a 2 foot glide and dip.
- 2 Forward 2 foot swizzles, 2-3 in a row.
- 3 Forward snowplow stop backward.
- 4 Backward wiggles; 2-6 in a row

Basic Level 3:

- 1 Forward stroking.
- 2 Forward 1/2 swizzle pumps on a circle; 6-8, either direction.
- 3 Moving forward to backwards 2 foot turn-either direction.
- 4 Backward 1 foot glide-either foot.
- 5 2 foot spin

Basic Level 6:

- 1 Forward inside 3-turn; R and L from a standstill.
- 2 Bunny hop.
- 3 Forward spiral on a straight line; R or L.
- 4 Lunge; R or L.
- 5 T-stop; R or L

Basic Level 1:

- 1 Forward 2 foot glide.
- 2 Forward 2 foot swizzles; 6-8 in a row.
- 3 Forward snowplow stop.
- 4 Backward wiggles; 6-8 in a row.

Basic Level 4:

- 1 Forward outside edge on a circle, clockwise
OR counter clockwise.
- 2 Forward crossovers; 6 to 8 in a row both ways.
- 3 Forward outside 3 turn - R and L.
- 4 Backward stroking.
- 5 Backward snowplow stop - R or L.

Basic Level 7:

- 1 Forward inside open mohawk; R to L and L to R
- 2 Ballet jump-either direction.
- 3 Back crossovers to a back outside edge landing position-clockwise and counter clockwise.
- 4 Forward inside pivot.

Basic Level 2:

- 1 Forward 1 foot glide-either foot.
- 2 Forward alternating ½ swizzle pumps, in a straight line – across the width of ice
- 3 2 foot turn in place-forward to backward.
- 4 Backward 2 foot swizzles, 6-8 in a row
- 5 Moving snowplow stop

Basic Level 5:

- 1 Backward outside edge on circle - clockwise or counter clockwise.
- 2 Backward crossovers; 6-8 consecutive both ways.
- 3 1 foot spin – minimum 3 revolutions
- 4 Hockey stop.
- 5 Side toe hop - either direction

Basic Level 8:

- 1 Moving forward outside or inside 3-turns;; R and L.
- 2 Waltz jump.
- 3 Mazurka-either direction.
- 4 Combination move-either direction – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge.
- 5 Beginning 1 foot upright spin; optional free leg

FREESTYLE PROGRAM

Snowplow Sam and Basic Levels 1 – 8

1. The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.
2. To be skated on full ice
3. Vocal music is allowed
4. The skater may use elements from a previous level
5. A .2 deduction will be taken for each element performed from a higher level
6. Time: 1:00 +/- 10 seconds

Required Elements for Freestyle Programs

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| <p><u>Snowplow Sam Program</u></p> <ol style="list-style-type: none"> 1 March followed by 2 foot glide and dip 2 Forward 2 foot swizzles, 2-3 in a row. 3 Backward wiggles, 2-6 in a row. 4 Forward snowplow stop. | <p><u>Basic 5</u></p> <ol style="list-style-type: none"> 1 Backward outside edge on a circle clockwise or counter clockwise 2 Backward crossovers 6-8 in a row, both directions 3 One foot spin – minimum 3 revolutions 4 Side toe hop – either direction 5 Hockey stop |
| <p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1 Forward two foot glide 2 Forward 2 foot swizzles, 6-8 in a row 3 Backward wiggles, 6-8 in a row 4 Forward snowplow stop | <p><u>Basic 6</u></p> <ol style="list-style-type: none"> 1 Forward inside 3-turn – R & L 2 Bunny hop 3 Forward arabesque spiral on a straight line – R or L 4 Lunge, R or L 5 T-stop, R or L |
| <p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1 Forward one foot glide – either foot 2 Two foot turn in place – forward to backward 3 Backward two foot swizzles, 6-8 in a row 4 Forward alternating ½ swizzle pumps, in a straight line across width of ice 5 Moving snowplow stop | <p><u>Basic 7</u></p> <ol style="list-style-type: none"> 1 Forward inside open Mohawk – R to L and L to R 2 Ballet jump, either direction 3 Back crossovers to a back outside edge landing position, clockwise and counter clockwise 4 Forward inside pivot |
| <p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1 Forward stroking 2 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 in a row 3 Moving forward to backward two foot turn in either direction 4 Backward one foot glide – either foot 5 Two foot spin | <p><u>Basic 8</u></p> <ol style="list-style-type: none"> 1 Moving forward outside or forward inside 3-turns. R& L 2 Waltz jump 3 Mazurka in either direction 4 Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohaw, step behind, step into one back crossover and step to a forward inside edge 5 Beginning 1 foot upright spin – optional free foot position |
| <p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1 Forward outside edge on a circle clockwise or counter clockwise 2 Forward crossovers 6-8 in a row, both directions 3 Forward outside three turn – R & L 4 Backward stroking 5 Backward snowplow stop – R or L | |

FREE SKATE ELEMENTS: FREE SKATE 1 – 6

- 1 In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- 2 To be skated on ½ ice
- 3 No music is allowed
- 4 The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- 5 A .2 deduction will be taken for each element performed from a higher level
- 6 Time: must not exceed 1:00 minute.

Required Elements

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| Free skate level 1 Compulsory 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump | Free skate level 2 Compulsory 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump | Free skate level 3 Compulsory 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop |
| Free skate level 4 Compulsory 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump | Free skate level 5 Compulsory 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump | Free skate level 6 Compulsory 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump |

FREESTYLE PROGRAM Freeskate Levels 1 – 6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- **Vocal music is not allowed.**
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level. Time 1:30+/-10sec

Required Elements for Freestyle Programs

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| Freeskate 1 1. Advanced Forward stroking. 4-6 strokes 2. Forward outside or inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump | Freeskate 2 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop | Freeskate 3 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop |
| Freeskate 4 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump | Freeskate 5 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover, BI spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump | Freeskate 6 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump |

ARTISTIC PROGRAM

This event is like a show. This means the programs should be entertaining, imaginative and creative. Above all, the choreography must reflect and interpret the music.

1. The time is 1:00 minute (+ or - 10 seconds) for Basic 8 levels and 1:30 minute (+ or - 10 seconds) for Freeskate levels.
2. Music is provided by the skater. Vocal music **IS PERMITTED**.
3. Costumes and make-up should not be overly garish or suggestive.
4. Hand props (cane, doll, baton, etc.) **ARE PERMITTED**. No live props (pets, animals) **PROPS MAY NOT BE PLACED IN THE CENTER OF THE ICE AT ANY TIME**. They may be placed on or against the railing or handed to another person.
5. One mark will be given by the judges, basically for creativity, music interpretation and entertainment value. Credit for difficult jumps and spins will be based solely on their choreographic effectiveness, not on difficulty.
6. Boys and girls may be combined in events.
7. All competitors are invited to appear in the official award photo (in full costume, of course!). There is no obligation to purchase the photograph.